

1) Start by getting an empty bottle or tall cup (must be see through). It will be easier to watch the bubbles move in a taller bottle/cup.

Spoon

2) Add three spoons of baking soda.

• Baking Soda

- 3) Fill 2/3 of your bottle with oil. The baking soda will stay at the bottom of the bottle, do not try to mix it with the oil. We use regular cooking oil.
- 4) In the small cup (not the one you have put the baking soda and oil in) add some vinegar three drops of food colouring.
- 5) Let the magic begin! Now that everything is ready, you can add drops of the coloured vinegar to your big bottle/cup and start watching your homemade lava lamp. Don't add all the coloured vinegar at once- do it slowly!

For a glowing effect, you can turn off the light and use a torch to light up your bottle/cup

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