

Year 7 Physical Education Curriculum

Year	Curriculum
Autumn Term	<p>Participate in a range of multi-skill activities demonstrating basic control and co-ordination.</p> <p>Be aware of swimming pool safety practice and appropriate expected behaviours.</p> <p>Show progress with basic stroke technique.</p>
Spring Term	<p>Begin to link simple skills and actions with basic control and co-ordination to suit the activity.</p> <p>Consistently demonstrate safe practice at the pool.</p> <p>Refine individual stroke actions.</p>
Summer Term	<p>Participate in a range of summer games and athletic events. Show an awareness of simple skills linked to the activity.</p> <p>Demonstrate confidence in the pool environment and an effective stroke technique.</p>

The above table contains an overview of the content of the curriculum during the year. At the end of each term a test will be carried out to ascertain pupils' knowledge and skills, and a judgement will be given on progress.

Possible Judgements-

Cause for Concern	= C
Below expected progress	= B
Expected Progress	= E
Good Progress	= G
Outstanding Progress	= O