Year	Curriculum
Autumn Term	Link basic skills and actions in a selection of basic invasion games. Begin to show some understanding of simple tactics. Begin to comment on their own and other people's performances, suggesting ways to improve.
Spring Term	Demonstrate effective skills and actions (within multi-skill activities) with control and co-ordination. Describe how their body feels during exercise and begin to understand the benefits of leading a healthy lifestyle.
Summer Term	Begin to demonstrate basic skills and actions associated with summer games. Begin to show an awareness of correct posture and technique in simple athletic events.

The above table contains an overview of the content of the curriculum during the year. At the end of each term a test will be carried out to ascertain pupils' knowledge and skills, and a judgement will be given on progress.

Possible Judgements-

Cause for Concern	= C
Below expected progress	= B
Expected Progress	= E
Good Progress	= G
Outstanding Progress	= 0