

## **AUTUMN TERM YEAR 9 – RESPECTFUL RELATIONSHIPS**

### **Relationships Expectations, Sexual Pressure & Consent**

<b><u>Learning Objectives</u></b>	<b><u>Key Words</u></b>
<p>To identify the features of a positive, healthy relationship.</p> <p>To understand what the expectations might be of having a girl/boyfriend and what might influence relationship expectations.</p> <p>To consider different levels of intimacy and their consequences and to acknowledge and respect the right not to have intimate relationships until ready.</p> <p>To be able to identify the legal age of consent and understand how to identify when someone is ready to have sex.</p> <p>To understand that consent to sex should be freely given and the seeker of consent is responsible for ensuring that consent has been given.</p> <p>To know how to seek the consent of another person and be sure that consent has been given; how to assertively withhold or withdraw consent.</p> <p>To recognise and identify sexual pressure and to identify what to do if someone feels pressured.</p>	<ul style="list-style-type: none"><li>• Relationship</li><li>• Positive</li><li>• Negative</li><li>• Healthy</li><li>• Unhealthy</li><li>• Expectation</li><li>• Influence</li><li>• Media</li><li>• Intimacy</li><li>• Sex</li><li>• Partner</li><li>• Consent</li><li>• Legal</li><li>• Illegal</li><li>• Emotional</li><li>• Consequence</li><li>• Non-verbal</li><li>• Assertive</li><li>• Boundaries</li><li>• Pressure</li></ul>

## **SPRING TERM YEAR 9 – FEELINGS & ATTITUDES**

### **Contraceptives**

<b><u>Learning Objectives</u></b>	<b><u>Key Words</u></b>
<p>To understand the term 'safe sex'</p> <p>To recognise that contraception, including condoms, can help prevent pregnancy and some STIs and identify different types of contraceptives, including emergency contraceptives.</p> <p>To identify the advantages and disadvantages of different contraceptives for different people.</p> <p>To understand where responsibility for contraceptives lies in a relationship and how to discuss with a partner.</p> <p>Identify where and how to obtain condoms and describe how to use them safely.</p>	<ul style="list-style-type: none"><li>• Safe</li><li>• Sex</li><li>• Consent</li><li>• Contraceptive</li><li>• STI</li><li>• Pregnancy</li><li>• Hormone</li><li>• Barrier</li><li>• Condom</li><li>• Pill</li><li>• Implant</li><li>• Patch</li><li>• Abstinence</li></ul>

<p>To understand how emergency contraception is used and know where to find support around sexual health.</p>	<ul style="list-style-type: none"> <li>• Injection</li> <li>• Partner</li> <li>• Communicate</li> <li>• Emergency</li> <li>• Sexual health</li> <li>• Clinic</li> <li>• Advice</li> <li>• Support</li> </ul>
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<p style="text-align: center;"><b><u>SUMMER TERM YEAR 9 – FAMILIES &amp; GROWING UP</u></b> <b><u>Break Ups and Conflict</u></b></p>	
<p style="text-align: center;"><b><u>Learning Objectives</u></b></p>	<p style="text-align: center;"><b><u>Key Words</u></b></p>
<p>To identify potential challenges that may evolve in different relationships and to identify helpful ways to manage these situations.</p> <p>To understand when and how to effectively end a relationship.</p> <p>To understand why married people may get divorced and the effects of divorce.</p> <p>To develop coping strategies for dealing with bereavement.</p> <p>To develop conflict resolution strategies.</p> <p>To be able to identify key people they can trust and talk to.</p>	<ul style="list-style-type: none"> <li>• Conflict</li> <li>• Challenging</li> <li>• Behaviour</li> <li>• Relationship</li> <li>• Break-up</li> <li>• Reaction</li> <li>• Divorce</li> <li>• Parents</li> <li>• Loss</li> <li>• Bereavement</li> <li>• Grief</li> <li>• Coping</li> <li>• Compromise</li> <li>• Feelings</li> <li>• Safe</li> <li>• Trust</li> </ul>