

AUTUMN TERM YEAR 10 – FEELINGS & ATTITUDES

Risky Behaviours

<u>Learning Objectives</u>	<u>Key Words</u>
<p>To have an understanding of what an STI is.</p> <p>To be able to identify some key symptoms of having an STI.</p> <p>To understand who a person can speak to if they are worried they have an STI and when and how to get an STI test.</p> <p>To understand how a person can ensure they see a doctor, nurse or sexual health services about their sexual health.</p> <p>To identify risky behaviours that may make it more likely to catch an STI.</p> <p>To identify and practice communication strategies for talking about STIs with a potential/previous partner, parents or person of trust.</p> <p>To identify how alcohol and drugs can affect decision making and consent and identify risks around personal safety and wellbeing.</p>	<ul style="list-style-type: none">• STI• Infection• Contact• Condom• Symptom• Penis• Vagina• Anus• Genitals• Discharge• Pubic hair• Test• Clinic• Confidential• HIV/AIDS• Risk• Communicate• Partner• Spread• Alcohol• Drugs• Consent• Safety

SPRING TERM YEAR 10 – RESPECTFUL RELATIONSHIPS

Unsafe Relationships

<u>Learning Objectives</u>	<u>Key Words</u>
<p>To recognise the features of positive and stable relationships and those of unhealthy relationships.</p> <p>To identify and manage appropriate and inappropriate conflict behaviours.</p> <p>To know how to exit a bad relationship and get support if needed.</p> <p>To explore what FGM means and understand that they have the right to protect their body from inappropriate and unwanted contact.</p>	<ul style="list-style-type: none">• Respect• Assertive• Abuse• Communication• Honesty• Harass• Coercion• Manipulation• Controlling• Strategies• Unsafe• Help

<p>To understand what an inappropriate relationship might look like and understand the term 'grooming'.</p>	<ul style="list-style-type: none"> • Support • Body • Rights • FGM • Harmful • Illegal • Grooming • Risk • Danger • E-safety • Inappropriate • Secret • Surprise • Uncomfortable • Trust
<p>To know the difference between secrets and nice surprises and the importance of not keeping any secret that makes them feel uncomfortable, anxious or afraid.</p>	

<u>SUMMER TERM YEAR 10 – FAMILIES & GROWING UP</u> <u>Online and Media</u>	
<u>Learning Objectives</u>	<u>Key Words</u>
<p>To explore how the media influences how others feel about their bodies.</p>	<ul style="list-style-type: none"> • Body • Confidence • Appearance • Change • Ideals • Media • Celebrities • Selfie • Body image • Photoshop • Editing • Filter • Followers • Influencer • Advertising • Trust • Images • Law • Nude • Pressure • Sharing • Consent
<p>To explore how others use social media and whether social media reflects reality.</p>	
<p>To explore the role of social media influencers.</p>	
<p>To identify healthy and unhealthy characteristics of relationships online and understand the consequences around sending nude images.</p>	
<p>To understand the law around sending nude images.</p>	
<p>To differentiate between healthy and unhealthy relationship behaviours and understand that it's abusive to pressure or manipulate someone into sharing a nude image.</p>	
<p>To understand that if nude images are being shared it's important not to join in, to support the person in the image and to seek help.</p>	